



Newsletter
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ClinTrial Refer Anniversary

This month we are excited to mark the one year anniversary of launch of ClinTrial Refer Version 2.0. On October 3, 2019, The Hon Greg Hunt MP, Minister for Health, supported the launch of the upgraded platform at the Australian Clinical Trials Alliance conference. The new software delivers an integrated solution which allows users to search all trials across the whole ClinTrial Refer database via a mobile device or on the website. Advanced search functionality was also introduced to allow users to filter more targeted and relevant results.

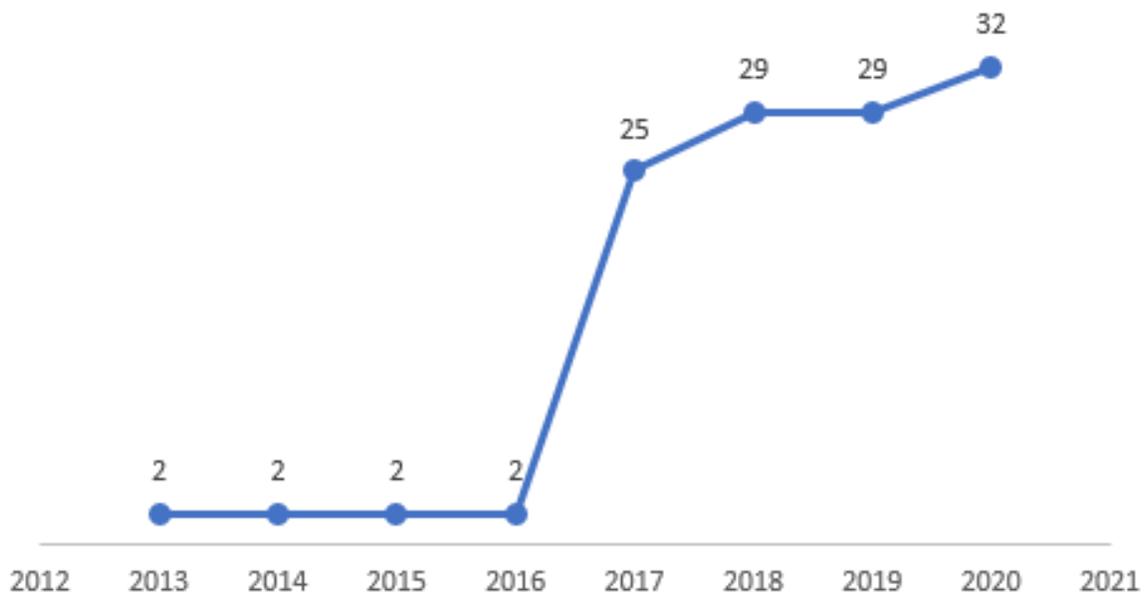
ClinTrial Refer was initially introduced in the NSW Haematology research portfolio in 2013, and now has expanded into **30+** therapeutic areas, featuring 27 groups of researchers with over **1000** clinical trial listings across sites in Australia and overseas.

At ClinTrial Refer we are committed to improving access to clinical trials for everyone. We are grateful to all our research clients and users that have joined us on the journey towards this goal.

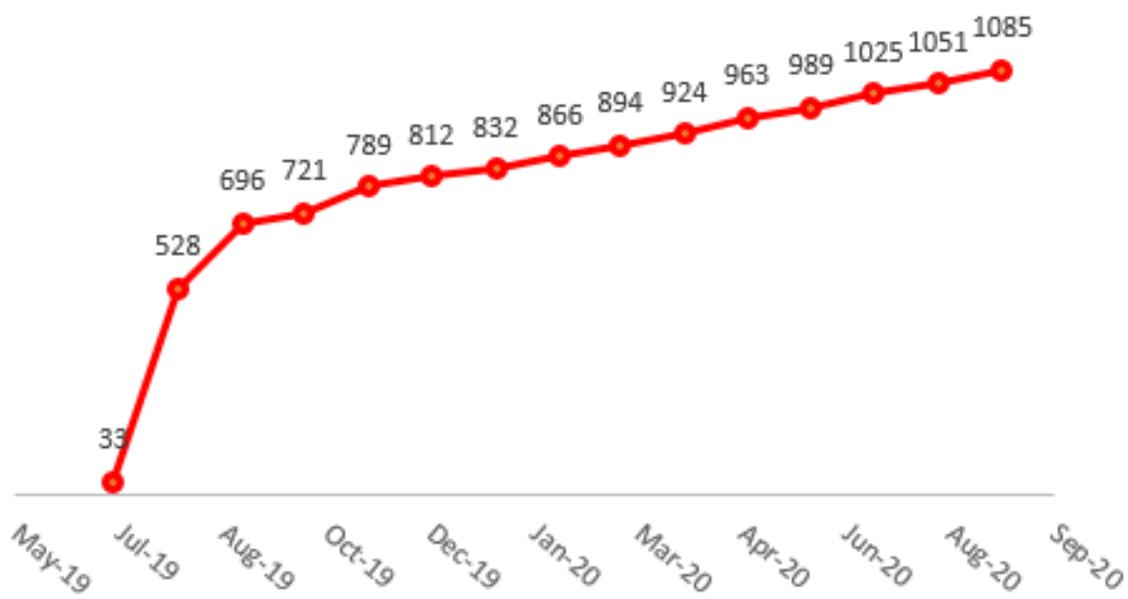
The clinical trial landscape is dynamic and ever changing, as the many challenges of the last year have shown us. We are excited about the future and are committed to continual product improvement to adapt to these changing needs. Our ClinTrial Refer users and clients have been the key to our growth and will continue to guide our success moving forward.

Trending upwards

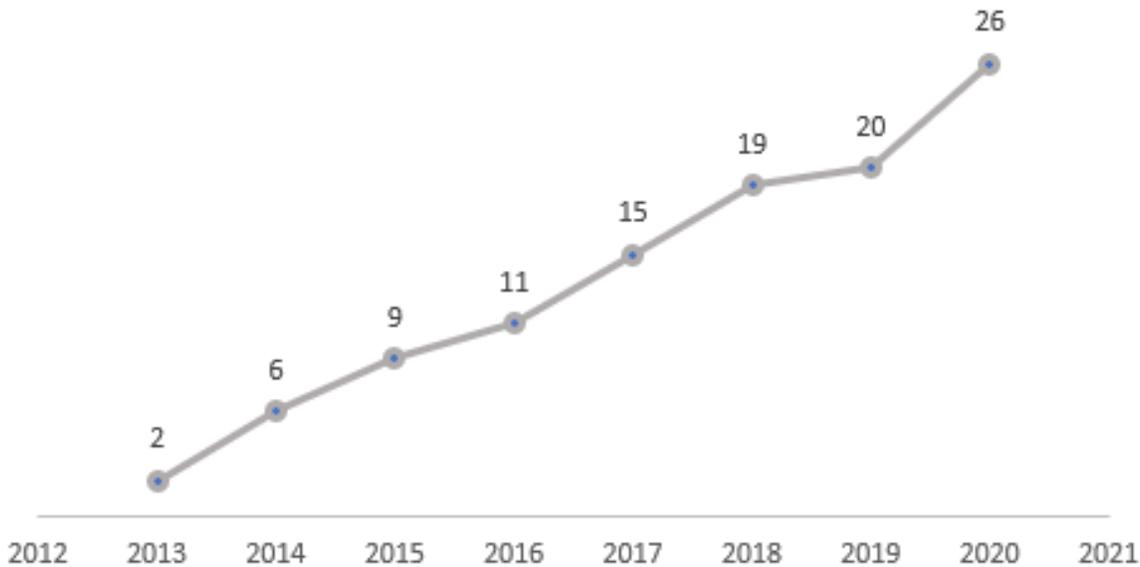
Therapeutic areas



Number of trials



Research groups



My ClinTrial Refer Story - User Video

"The ClinTrial Refer App gives me the information about what's available for my patients at the touch of a button."

Dr James Lynam

Medical Oncologist

Calvary Mater Hospital



To see more about why Dr James Lynam uses ClinTrial Refer, click [here](#) to view the full video.

Connecting doctors and patients to trials in WA

The current Royal Perth Hospital Haematology Clinical Trials Unit was established in 2015 after the reconfiguration of Western Australian health services. Since then the unit has grown to four full time Clinical Trial Coordinators and six Principal Investigators and currently over 20 clinical trials. The aim of the unit is to provide patients with the latest treatment while focusing on quality patient care and efficient clinical trials management.

The team of investigators and study coordinators have accrued many years of experience with clinical trials from phase I to IV with proven ability to recruit highly to trials across a range of indications.



The RPH Haematology Clinical Trials Unit Coordinators Kanako Ohara, Aida Morynko, Lisa Forsyth and Megan Margaria with Principal Investigator Prof Michael Leahy

"ClinTrial Refer has become an important tool for patient recruitment in Haematology WA", says Clinical Trial Coordinator Aida Morynko. "Haematologists seeing patients in outpatient clinics are able to identify potential patients and refer them to a clinical trial in real time. The app provides staff with useful information such as protocol inclusion/exclusion criteria and trial summaries at the users' fingertips".

Trial Spotlight: The CBD trial

Researchers from the University of Sydney are examining Cannabidiol as a potential novel treatment for alcohol withdrawal.

The current standard of care treatment of alcohol withdrawal is supportive care and benzodiazepines. Whilst often effective, there are concerns regarding the use of

benzodiazepines including their abuse liability in this population, discontinuation symptoms, and their sedating effects.

Cannabidiol (CBD) is a non-psychoactive cannabinoid found in the Cannabis Sativa plant. CBD attenuates the Tetrahydrocannabinol psychoactive effects consumed in combination. CBD has been trialed for the management of withdrawal and relapse in other substances of dependence, including heroin and cannabis. The anti-seizure properties of CBD may be specifically valuable to treat alcohol withdrawal, since seizures are an important complication of this disorder.

"This is a world first study of a cannabinoid preparation for treatment of alcohol withdrawal syndrome in partnership between the Lambert Cannabinoid Initiative at the University of Sydney and the participating clinical services. We are excited to be opening this study for recruitment!", said Prof Paul Haber, head of addiction medicine specialty at The University of Sydney.

It is a double-blind, randomised placebo-controlled clinical trial which aims to improve treatment outcomes for people with alcohol withdrawal syndrome by investigating a new and potentially effective pharmacotherapy.

Consenting alcohol dependent patients will receive oral CBD (or placebo) capsules over 5 days of their inpatient withdrawal admission in addition to usual care that includes benzodiazepines according to the standard protocol. It is hoped to develop improved management strategies for alcohol withdrawal.

You can find the CBD trial in DACRIN research group listing on ClinTrial Refer App or click [here](#) for more details.

Clinical Trials Awareness Campaign - Power of One

One person can change lives

#thepowerofone



The White Coats Foundation is a NFP DGR registered charity established to raise general awareness about the role of clinical trials in advancing medical science and healthcare.

On the 1st of November the White Coats Foundation is launching an online clinical trials awareness initiative entitled, '**The Power of One**'.

About the campaign

With awareness comes access to information, knowledge and choices that have the potential to benefit people's health.

The Power of One will ask the public to donate one dollar as a symbol of their recognition that everything starts with one: one researcher, one person participating in a trial, one new discovery can lead to new treatments that have the potential to benefit anyone of us.

The Power of One is a metaphor for demonstrating that one can make a difference. One disease can change lives but so can one new discovery.

Where do the funds go?

People donating have a say about where their contribution could go. Research areas for this year are outlined on the donation portal. Part of the funds will also go towards supporting the ongoing work and awareness initiatives of the foundation.

ClinTrial Refer is an In-Kind supporter of the campaign and if you would like to learn more about how you can participate in this important event, click [here](#).

Would you like to be an inspiration for someone?

Share your story if you have taken part in a clinical trial or supported someone through a trial. Your stories and thoughts are important to us and can be a great encouragement to others. If you'd like to share a clinical trial story please email us at raheela@clintrialreferapp.com. We'd love to hear from you.



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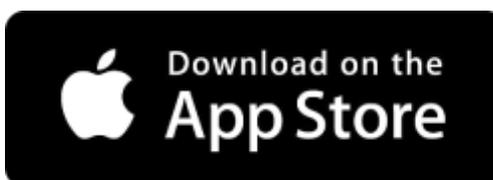
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